

Pediatric Obesity mini Collaborative Improvement and Innovation Network

The Ohio CoIIN

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Strategies for Year one and two

- Focusing on children ages 2 -5 and is promoting three of the Expert Committee Recommendations*:

Adopt policies and practices in early care and education (ECE) settings that support healthy weight behaviors

- Funded by MCH and ASPHN (year one); CDC and ASPHN (year two)

The Ohio team:



- **OH Dept. of Health**

- Emia Oppenheim, PhD, RD, LD
Early Childhood Obesity
Prevention Program Coordinator

- Michelle Allison, MS, RD, LD, CLC,
WIC Breastfeeding Coordinator
and NAS Consultant

- Ann Weidenbenner, MS, RD, LD
Manager Primary Prevention
Section

- Heidi Scarpitti, RD, LD Public
Health Nutritionist

- Breanne Haviland, MS, RD, LD
Public Health Nutritionist

- Elizabeth Conrey, PhD, RD, State
MCH Epidemiologist

- **OH Dept. of Education**

- Charity Blair, Education Program
Specialist, ODE- CACFP

- Anita Armstrong, MA, LSW Head
Start State Collaboration Director

- Kathleen Housman, MEd, RD, LD,
Program Specialist, ODE- CACFP

- Lisa Usselman, Specialist, Office
of Learning and School Readiness

- **OH Head Start Association**

Julie Stone, MEd, RD,LD Director of
Professional Development, Ohio
Head Start Association, Inc.

- **Medicaid**

Kim DeDino, RD, LD, Public Health
Nutritionist/ Ohio Medicaid

- **OH Dept. Job and Family Services**

Cara Lee, MSSA, Supervisor, Child
Care Policy



- 2015 – 4 states, MCH bureau funding, March to March, 2015-16

Focus area Policy – licensing rules

- 2016 – 7 states, CDC funding, February to September, 2016

Focus area Practice– applying diverse tools to engage large, untrained ECEs in self-assessment, training and sustainable changes



Year One: Policy

- Develop a prioritized list of health and wellness standards derived from the *Caring for Our Children, National Health and Safety Performance Standards for Early Care and Education Programs, 3rd Edition*
- Incorporate these healthy eating and active living (HEAL) standards into existing domains of Ohio's QRIS system and/or licensing.
- Submit September 2015 for October 2016 rules.



Why this is a priority for Ohio

- The timing is right.....
 - Ohio Department of Job and Family Services is in the process of completing major revisions to the child care licensing rules
 - Increased alignment between agencies is a priority
 - Race to the Top Early Learning Challenge grant with ODH funded Ohio Child Care Resource and Referral Association to hire health promotion consultants to provide training and TA on health topics to ECE professionals across the state
 - Recommendations for prioritized list of health and wellness standards derived from the *Caring for Our Children, National Health and Safety Performance Standards for Early Care and Education Programs, 3rd Edition* created by Ohio Early Childhood Health Network
 - ODH received CHIPRA funding to address obesity and implemented Early Childhood Obesity Prevention Program



Ohio Team Quality Improvement Process for CoIIN

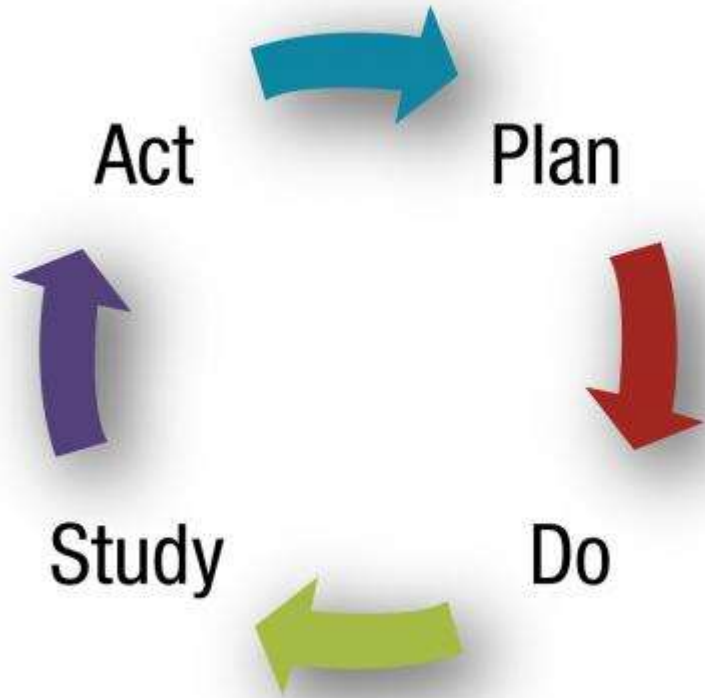
- Team did 3 Plan-Do-Study-Act (PDSA) cycles
- Initial PDSAs were focus groups
- Final PDSA pilot the recommended rules



Updates on year one...

- HEAL recommendations for licensing submitted 9/2015 and 5 out of 8 accepted 11/2015
 - Screens off during meal/snacks
 - Tummy time for all infants
 - No solids before 4mo without physician approval
 - Physical activity, every day, gross motor play and inclement weather defined
 - Space for breastfeeding moms to nurse or pump
- Recommendations in last public comment (without change)
 - into rule 10/2016?

Plan Do Study Act Cycle



Focus Year 2: Practice

Large PDSA:

Engage 10-15 large, high-need centers in HEAL trainings followed by PSEC and menu change.

Smaller PDSAs:

- *Recruit large centers
- *Complete Self-Assessment and Action Plans
- *Conduct Ohio Healthy Program training
- *Adopt Policies, System and Environmental and menu Changes



Thank you!

Questions?

